



# Employee Assistance Program Services

American Behavioral's Employee Assistance Program is available to all employees and eligible dependents. The EAP is a confidential assessment, counseling and referral service for: marital and family issues, alcohol and other drug dependency assessment, stress related issues, financial/legal referrals and emotional problems.

## Counseling Services:

- 3 Face-to-face counseling sessions
- Free & Confidential – all information is kept strictly between the individual and the counselor. No one has to know and there is no cost to you.

## Work/Life Services:

- Eldercare Support Services
- Legal Counseling Services
- Financial Counseling Services
- Community Support Resources
- Telephonic and Video Counseling
- Identity Theft Counseling
- Online Services

## Personal Advantage Tool:

Personal Advantage is an online tool for work-life products on topics such as family life, health, financial, legal and stress. Some popular items on the website include downloadable will kids, financial calculators and parenting articles.

To register for your free account, visit:

[americanbehavioral.personaladvantage.com/register.jsp](http://americanbehavioral.personaladvantage.com/register.jsp) and use company name: **CullmanCountyCommission**

You will then create your unique username and password to sign in.



American Behavioral

For more information or to schedule an appointment, please call 800-925-5327.